

## Comfrey Books, Booklets, Reports, Articles

### Used in research for books:

**Volume 1:** Botany and History of Comfrey;  
Garden Uses of Comfrey

**Volume 2:** Cultivation of Comfrey;  
Medicinal and Food Uses for People and Livestock

<https://nantahala-farm.com/ComfreyBooks-s.shtml>

**Books and Booklets: 1950-2021** (pages 1-17)

**Research Reports and Articles: 1950-2021** (pages 17-90)

### Books and Booklets: 1950-2021 (Alphabetized by title.)

**10 Essential Herbs: Everyone's Handbook to Health** book by Lalitha Thomas. Chino Valley, Arizona: One World Press, 1995.

**A Botanist's Vocabulary: 1300 Terms Explained and Illustrated** book by Susan K. Pell and Bobbi Angell. Portland, Oregon: Timber Press, 2016.

**A Guide to Understanding Herbal Medicines and Surviving the Coming Pharmaceutical Monopoly** book by Dr. Michael Farley, N.D. and Ty M. Bollinger. Infinity 510 Squared Partners, 2011.

**A Manual for the Identification of Plant Seeds and Fruits** book by R.T.J. Cappers and R.M. Bekker, Netherlands: Barkhuis Publishing, 2013.

**A Modern Herbal: The Medicinal, Culinary, Cosmetic and Economic Properties, Cultivation and Folk-Lore of Herbs, Grasses, Fungi, Shrubs and Trees with their Scientific Uses** book by Mrs. M. Grieve. New York: Dover Publications, 1971. First published in 1931 in London, England.

**A Russian Herbal: Traditional Remedies for Health and Healing** book by Igor Vilevich Zevin, Nathaniel Altman and Lilia Vasilevna Zevin. Rochester, Vermont: Healing Arts Press, 1997.

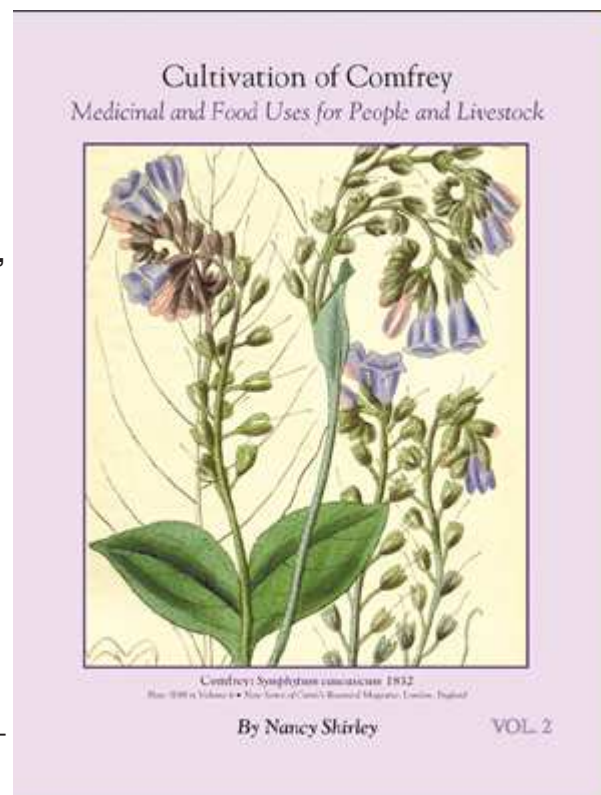
**About Comfrey: The Forgotten Herb** book by G.J. Binding, M.B.E., F.R.H.S. (Fellow of the Royal Horticultural Society), Wellingborough, Northamptonshire, England: Weatherby Woolnough, 1974.

**Accurate Results in the Clinical Laboratory: A Guide to Error Detection and Correction** book by Amitava Dasgupta. Netherlands: Elsevier, 2013. (Chapter 7: Effect of Herbal Remedies on Clinical Laboratory Tests, pages 75-92.)

**Active Ingredients Used in Cosmetics: Safety Survey** book by Council of Europe, Committee of Experts on Cosmetic Products. Strasbourg, France: Council of Europe Publishing, 2008.

**Advances in Chinese Medicinal Materials Research: An International Symposium Held in Meridien Hotel Hong Kong June 12-14, 1984** book by H.M. Chang, Henry Wai-Chung Yeung, W. W. Tso and A. Koo, Chinese University of Hong Kong. Chinese Medicinal Research Centre. Singapore: World Scientific Publishing Co. Inc., 1985. Includes 'Immunostimulants from Medicinal Plants' by H. Wagner.

**Adverse Effects of Herbal Drugs, Volumes 1, 2 and 3** book edited by Peter A. G.M. DeSmet, Konstantin Keller, Rudolf



Hansel and R. Frank Chandler. Berlin, Germany: Springer-Verlag, 1993.

**Alien Plants of the British Isles: Provisional Catalogue of Vascular Plants (Excluding Grasses)** book by E.J. Clement and M.C. Foster. London, England: Botanical Society of Britain and Ireland, 1995.

**Alkaloids: Chemical and Biological Perspectives** book, Volume 9, edited by S.W. Pelletier. Oxford, England: Pergamon Press, 1995. ('Chemistry, Biology and Chemoecology of the Pyrrolizidine Alkaloids' by T. Hartmann and L. Witte, pages 155-233.)

**Alternative Health Practices for Livestock** book edited by Thomas F. Morris and Michael T. Keilty. Ames, Iowa: Blackwell Publishing, 2006.

**American Herbal Pharmacopoeia®, Botanical Pharmacognosy: Microscopic Characterization of Botanical Medicines** book edited by Upton, Graff, Jolliffe, Langer and Williamson. Boca Raton, Florida: CRC Press, 2010.

**American Herbal Products Association's Botanical Safety Handbook** book edited by Zoe Gardner and Michael McGuffin. Boca Raton, Florida: CRC Press, 2013.

**An Illustrated History of the Herbals** book by Frank J. Anderson. New York, New York: Columbia University Press, 1977.

**Annals of the Missouri Botanical Garden** book, **Volume 71**, Saint Louis, Missouri. Lawrence, Kansas: Allen Press, 1984. Published quarterly. (Notes on Symphytum {Boraginaceae} in North America by T.W.J. Gadella, page 1061-1067.)

**Aphrodisiacs, Fertility and Medicine in Early Modern England** book by Jennifer Evans. Woodbridge, Suffolk, England: Royal Historical Society, Boydell Press, 2014.

**Aromatherapy Science: A Guide for Healthcare Professionals** book by Maria Lis-Balchin, BSc, PhD. London, England: Pharmaceutical Press, 2006. (Chapter 7: 'The Safety Issue in Aromatherapy'.)

**Aromatic and Medicinal Plants: Back to Nature** book edited by Hany El-Shemy. London, England: IntechOpen Limited, 2017. Chapter 1: 'Medicinal Plants to Calm and Treat Psoriasis Disease' by Azadeh Izadyari Aghmiuni and Azim Akbarzadeh Khiavi. Chapter 16: 'From Medicinal Plant Raw Material to Herbal Remedies' by Sofija M. Djordjevic.

**Atlas of North European Vascular Plants North of the Tropic of Cancer** book, Volumes 1-3 by E. Hulten and M. Fries. Königstein, Germany: Koeltz Scientific Books, 1986.

**Atlas of the British Flora** book by Franklyn Perring and S. Max Walters. Harpenden, Hertfordshire County, England: Botanical Society of the British Isles. First published 1962, second edition 1976, third edition 1982.

**Ayurveda: The Divine Science of Life** book by Todd Caldecott. Philadelphia, Pennsylvania: Elsevier Ltd, 2006.

**Back to Eden: The Classic Guide to Herbal Medicine, Natural Foods and Home Remedies** book by Jethro Kloss. Wisconsin: Lotus Press, 1939-1999.

**Backyard Medicine: Harvest and Make Your Own Herbal Remedies** book by Julie Bruton-Seal and Matthew Seal. New York, New York: Skyhorse Publishing, 2009. First published in Great Britain by Merlin Unwin Books, 2008 as 'Hedgerow Medicine'.

**Balancing Soil Nutrients and Acidity: The Real Dirt on Cultivating Crops, Compost, and a Healthier Home** book (The Ultimate Guide to Soil: Book 3) by Anna Hess. Athens, Ohio: Wetknee Books, 2016.

**Beeswax Alchemy: How to Make Your Own Candles, Soap, Balms, Salves and Home Decor from the Hive** book by Petra Ahnert. Beverly, Massachusetts: Quarry Books, 2015.

**Beliefs and Superstitions of the Pennsylvania Germans** book by Edwin Miller Fogel, PhD. Philadelphia, Pennsylvania: American Germanica Press, 1915.

**Beyond the Pellet: Feeding Rabbits Naturally** book by Boyd Craven Jr (The Urban Rabbit Project) and Rick Worden (Rise and Shine Rabbitry). 2013.

**Bioactive Compounds in Food** edited by John Gilbert (York, England) and Hamide Z. Senyuva (Ankara, Turkey). Oxford, England: Blackwell Publishing Ltd, 2008.

**Biomarkers in Toxicology** edited by Ramesh C. Gupta. Elsevier Science & Technology (imprint Academic Press), 2014.

**Biotechnology in Agriculture and Forestry, Volume 15: Medicinal and Aromatic Plants III** edited by Y.P.S. Bajaj. Cham, Switzerland: Springer, 1991. Chapter XXVIII: 'Symphytum Officinale (Comfrey): In Vitro Culture, Regeneration, and Biogenesis of Pyrrolizidine Alkaloids' by H. J. Huizing and J. H. Sietsma, pages 464-477.

**Botanical Latin: History, Grammar, Syntax, Terminology and Vocabulary**, Fourth Edition by William T. Stearn. Portland, Oregon: Timber Press, 1992.

**Botanical Medicine for Women's Health** by Aviva Romm, CPM, Registered Herbalist of the American Herbalists Guild. London, England: Churchill Livingstone, 2009.

**Botanical Safety Handbook** see American Herbal Products Association's Botanical Safety Handbook.

**Botanicals: Methods and Techniques for Quality and Authenticity** edited by Kurt A. Reynertson and Khalid Mahmood. Boca Raton, Florida: CRC Press, 2015.

**Botany in a Day: The Patterns Method of Plant Identification** by Thomas J. Elpel. Montana: Hops Press LLC, 2008.

**Botany: Systematics of Higher Plants**, Volume 4(2), edited by A.K. Timonin, D.D. Sokoloff and A.B. Shipunov. Moscow, Russia: ITS Akademiya, 2009. In Russian.

**British Plant Communities, Volumes 1-5** edited by J.S. Rodwell. Cambridge, England: Cambridge University Press, 1991-2000.

**British Rust Fungi** by Malcolm Wilson and D.M. Henderson. Cambridge, England: Cambridge University Press, 1966. (If you have the section about Comfrey rust *Melampsorella symphyti*, could you please send it to me.)

**Caucasus Flora Conspectus** (Konspekt Flory Kavkaza), 3 Volumes, edited by A.L. Takhtajan. Saint Petersburg, Russia: Saint Petersburg University Press, 2003-2008. In Russian.

**Change in the British Flora, 1987-2004** by M.E. Braithwaite, R.W. Ellis and C.D. Preston. London, England: Botanical Society of Britain and Ireland, 2006.

**Checklist of Non-Vascular and Vascular Plants of Slovakia** edited by Karol Marhold and Frantisek Hindak. Bratislava, Slovakia: Veda- Publishing House of the Slovak Academy of Sciences, 1998.)

**Chemistry and Toxicology of Pyrrolizidine Alkaloids** by A.R. Mattocks. London, England: Academic Press, 1986.

**Cherokee Plants: Their Uses- A 400 Year History** by Paul B. Hamel and Mary U. Chiltoskey. 1975.

**Chromosome Atlas of Flowering Plants** edited by C.D. Darlington and A.P. Wylie. London, England: G. Allen and Unwin Ltd., 1956. First published 1953. *Symphytum* page 297.

**Chromosome Numbers of Flowering Plants** (Khromosomnye chisla tsvetkovykh rastenii) (Hromosomnye cisla cvetkovykh rasteniy) edited by A.A. Fedorov, authored by Z.V. Bolkhovskikh, V.G. Grip, O.I. Zakhar'eva, T.S. Matveeva, et al., in Russian. Leningrad, Russia: Nauka, 1969.

(If anyone has an English translation of the *Symphytum* section, I would appreciate a copy.)

**Comfrey: A 3-in-1 Medical Reference: Medical Dictionary, Bibliography & Annotated Research Guide to Internet References** book by James N. Parker, M.D. and Philip M. Parker, Ph.D. California: Icon Group International, Inc., 2004.

**Comfrey: An Ancient Medicinal Remedy** book by Charles J. MacAlister. Written in 1936. England: Read Books Ltd, Lowrie Press, 2012.

**Comfrey and Chlorophyll: A Report About the Medicinal Value of Comfrey and Chlorophyll as Found in Old and Modern Literature** book by Vincent Licata. California: Continental Health Research, 1971.

**Comfrey: Fodder, Food and Remedy** book by Lawrence D. Hills. New York: Rizzoli Universe Books: 1976. (Comfrey: Past, Present and Future is a photocopy of this book.)

**Comfrey for Gardeners: A Garden Organic Guide** book by Garden Organic. Coventry, England: no date but around 2015.

**Comfrey: Nature's First Aid Remedy** booklet by Holly Lucille, N.D., R.N., 2014, 14 pages.

**Comfrey: Nature's Healing Herb & Health Food** book by Andrew Hughes. Japan: Sanyusha Publishing Co., Ltd, 1992. (Includes part of 'Miracle Grass, Comfrey' by Andrew Hughes published in 1966 in Japanese, and part of 'Comfrey Report No. 1: The 1954 Research Results' by Lawrence Hills published in 1955.)

**Comfrey: Past, Present and Future** book is a photocopy of 'Comfrey: Fodder, Food and Remedy' by Lawrence D Hills.

**Comfrey Report No. 1: The 1954 Research Results** booklet by Lawrence D. Hills, Henry Doubleday Research Association, Braintree, Essex, England, published 1955.

Also called: 'Report on Quaker Comfrey (Symphytum Peregrinum), Number One: The 1954 Research Results', published in United States and Canada by Bodie Seeds Limited, Winnipeg, Canada. (Part is included in 'Comfrey: Nature's Healing Herb & Health Food'.)

**Comfrey Report Number Two: For Gardeners, Farmers and All Comfrey Growers in All Countries, with Analysis, Yields and Cultivation Methods, and the Results of Seven Years More Work Since Our First Report** booklet by Henry Doubleday Research Association, Braintree, Essex, England, 45 pages, March 1963. (Most of it is the same as 'Comfrey: Fodder, Food & Remedy'.)

**Comfrey Report No. 3: Feeding Dairy Cattle in Japan** booklet by Meiji Milk Producing Co., Tokyo, Japan for Henry Doubleday Research Association, Braintree, Essex, England, 31 pages, July 1964.

**Comfrey Report: The Story of the World's Fastest Protein Builder and Herbal Healer** book, Conservation Gardening and Farming Series: Series C by Lawrence D. Hills. England: Henry Doubleday Research Association, 1975. (Includes 'Comfrey: The Herbal Healer'.)

**Comfrey: Symphuo Symphytum: A Multi-Purpose Herb** book by Philip Clarke. Edinburgh, Scotland: The Pentland Press, 1997.

**Comfrey: The Herbal Healer** book by Henry Doubleday Research Association, 1975, 41 pages. (Included in 'Comfrey Report' book.)

**Comfrey: What You Need to Know** book by Ben Charles Harris. New Canaan, Connecticut: Keats Publishing, Inc., 1982.

**Compost, Comfrey and Green-Manure: 'Henry Doubleday Research Association' First Gardeners Report** booklet by Lawrence D. Hills. Braintree, Essex, England: Henry Doubleday Research Association, 1959.

**Cosmetic Formulation of Skin Care Products** book, Cosmetic Science and Technology Series, Volume 30 edited by Zoe Diana Draelos and Lauren A. Thaman. New York, New York: Taylor and Francis Group, 2006.

**Creating a Forest Garden: Working with Nature to Grow Edible Crops** book by Martin Crawford. England: UIT Cambridge Ltd., 2010.

**Critical Supplement to the Atlas of the British Flora: Including Distribution Maps of 500 Flowering Plants and Ferns and Explanatory Text** book by F.H. Perring and P.D. Sell, editors. London, England: Thomas Nelson and Son, 1968.

**Cunningham's Encyclopedia of Magical Herbs** book by S. Cunningham. Woodbury, Minnesota: Llewellyn Publications, 2000.

**Cure Tooth Decay: Remineralize Cavities and Repair Your Teeth Naturally with Good Food** book by Ramiel Nagel.



Los Gatos, California: Golden Child Publishing, 2011.

**Cytotaxonomical Conspectus of the Icelandic Flora** book: Acta Horti Gotoburgensis Series, Volume 20, No. 4, pages 65-291 by Askeff Love and Doris Love. Goteborg {Gothenburg}, Sweden: Goteborgs Botaniska Tradgard, 1956.

**Dictionary of Plant Lore** book by Donald Watts, BA, MIL, Bath, England. London, England: Academic Press, 2007.

**Dietary Supplement Labeling Compliance Review (Understanding and complying with dietary supplement labeling requirements of the Food and Drug Administration)** book by James L. Summers. New Jersey: John Wiley & Sons Incorporated, 2008.

**Dioscorides De Materia Medica: Being an Herbal with Many Other Medicinal Materials** book by Tess Anne Osbaldeston. Johannesburg, South Africa: Ibidis Press, 2000.

**Down to Earth Fruit and Vegetable Growing** book by Lawrence D. Hills. London, England: Faber and Faber, 1960.

**Down to Earth Gardening** book by Lawrence D. Hills. London, England: Faber and Faber, 1967, 1975.

**Drawings of British Plants: Being Illustrations of the Species of Flowering Plants Growing Naturally in the British Isles** book by Stella Ross-Craig, Illustrator. London, England: G. Bell & Sons, 1965. There were 31 parts, published from 1948 to 1973 that included 1300 lithographic plates.

**Drug-Induced Liver Disease** book edited by Neil Kaplowitz and Laurie DeLeve. London, England: Academic Press, 2013. (Chapter 35: 'Hepatotoxicity of Herbal and Dietary Supplements' by L.B. Seeff, F. Stickel and V. Navarro, pages 631–657.)

**East Africa's Grasses and Fodders: Their Ecology and Husbandry** book by Joseph G. Boonman. Netherlands: Kluwer Academic Publishers, 1993.

**Edible Forest Gardens: Volume One: Vision & Theory** book by Dave Jacke and Eric Toensmeier. White River Junction, Vermont: Chelsea Green, 2005.

**Edible Forest Gardens: Volume Two: Design & Practice** book by Dave Jacke and Eric Toensmeier. White River Junction, Vermont: Chelsea Green, 2005.

**Effects of Herbal Supplements on Clinical Laboratory Test Results** book by Amitava Dasgupta. Germany: De Gruyter Inc, 2011.

**Enchanted Garden: Alan Chadwick's Organic Method of Gardening** book by Tom Cuthbertson. London, England: Rider & Company / Hutchinson & Co. Publishers Ltd, 1978.

**Encyclopedia of Herbal Medicine: The Definitive Reference to 550 Herbs and Remedies for Common Ailments** book by Andrew Chevallier, FNIMH. London, England: DK (Dorling Kindersley), 2000.

**Encyclopedia of Organic Gardening: The Complete Guide to Natural & Chemical-Free Gardening** book by The Henry Doubleday Research Association, edited by Pauline Pears. London, England: DK (Dorling Kindersley), 2001.

**Energy in Biomass from Europe** book by Wolfgang Palz and P. Chartier. London, England: Elsevier Applied Science Publishers, 1980.

**Ethnobotany of Caucasus** book by Ketevan Batsatsashvili, et. al. (Chapter: Symphytum caucasicum M. Bieb. Boraginaceae, pages 683-688). Cham, Switzerland: Springer, 2017.

**Examining Holistic Medicine** book by Douglas Stalker. Buffalo, New York: Prometheus Books, 1985.

**Feeds and Feeding: A Handbook for the Student and Stockman** book by W.A. Henry, D.Sc., D.Agr. and F.B. Morrison, B.S. University of Wisconsin, Madison, 1910, 1915, 1916.

**Fertility Farming** book by Newman Turner. Austin, Texas: Acres USA, 1951.

**Fertility Gardening: The Organic Way to Make Your Garden Grow** book by Lawrence D. Hills. London, England:

Cameron & Tayleur Books Limited, 1980.

**Fertility Pastures: Herbal Leys as the Basis of Soil Fertility and Animal Health** book by Newman Turner. Austin, Texas: Acres USA, 1955.

**Fertility Without Fertilizers: A Basic Approach to Organic Gardening** book by Lawrence D. Hills. New York: Universe Books, 1975.

**Fighting Like the Flowers: An Autobiography: The Life Story of Britain's Best-Known Organic Gardener** book by Lawrence D. Hills. Bideford, Devon, England: Green Books, 1989.

**Flora Europaea, Volume 3: Diapensiaceae to Myoporaceae** book, editors Tutin, Heywood, Burges, Moore, Valentine, Walters and Webb. United Kingdom: Cambridge University Press, 1972. (5-volume encyclopedia of plants, published between 1964 and 1993) (Symphytum L., pages 103-105 by B. Pawlowski. 'Boraginaceae Juss.', pages 86-120 by J.C. Hege.)

**Flora Europaea: Check-List and Chromosome Index** book by D.M. Moore. Cambridge, England: Cambridge University Press, 1982.

**Flora Iranica: Boraginaceae, Issue 48** book by Harald Riedl. Edited by K.H. Rechinger. Graz, Austria: Naturhistorisches Museum (Natural History Museum), Akademische Druck und Verlagsanstalt, 1967.

**Flora of Azerbaijan** book, Volume 1-VIII by I. Karyagin. Baku, Azerbaijan: Academy of Sciences of Azerbaijani Soviet Socialist Republic Press; 1950–1961. In Russian.

**Flora of Armenia {Flora Armenii}** book, Volumes 1-11, by A.L. Takhtadjan. Yerevan, Armenia: Russian Academy of Sciences, 1954-2009. Volume 7: Boraginaceae family. In Russian.

**Flora of China** book, Volume 16 (Gentianaceae through Boraginaceae), edited by Z.Y. Wu, P.H. Raven and D.Y. Hong. Science Press (Beijing, China) and Missouri Botanical Garden Press (Saint Louis, Missouri), 1995. Article: 'Boraginaceae' by G.L. Zhu, H. Riedl and R.V. Kamelin, pages 329-427. Symphytum page 359. With 22 volumes it is the first modern English-language description of 31,000 species of vascular plants of China.

**Flora of Georgia** book (country), 16 Volumes, by N. Ketskhoveli, A. Kharadze and R. Gagnidze. Tbilisi, Georgia: Metsniereba, 1971-2011. In Georgian.

**Flora of Great Britain and Ireland** book by Peter D. Sell and Gina Murrell. England: Cambridge University Press. Updated publications- Volume 1: 2018; Volume 2: 2014; Volume 3: 2009; Volume 4: 2006; Volume 5: 1997. Symphytum is in Volume 3.

**Flora of Russia: The European Part & Bordering Regions** book, **Volume 5** edited by An. A. Fedorov. Boca Raton, Florida: CRC Press, 2001.

**Flora of the British Isles** book, Second Edition by A.R. Clapham, T.G. Tutin and E.F. Warburg. England; Cambridge University Press, 1962, (first edition 1952).

**Flora of the U.S.S.R.** book edited by V.L. Komarov. 30 volumes. Leningrad, Russia: Botanical Institute of the Academy of Sciences of the U.S.S.R., 1934-1960. Available in Russian and English.

**Flora of Turkey and the East Aegean Islands** book, 11 Volumes by Peter H. Davis. Scotland: Edinburgh University Press, 1984-1988. ('Symphytum L.' in Supplement Volume 10, pages 186-189, 1988.) ('Symphytum L.' in Volume 6, pages 378-386 by G.E. Wickens, 1978.)

**Flora Slovenska {Flora of Slovakia}** book, Volume 5/1 (V/1) or 5/2 (V/2), edited by L. Bertova and K. Goliasova. Bratislava, Slovakia: Veda, 1993. Article: 'Symphytum L.' by J. Majovsky and Z. Hegedusova, pages 76-97. Some sources say 5/2 but I think 5/1 is correct.  
(If you have an English translation of the Symphytum pages, I would appreciate a copy.)

**Food in Medieval Times** book by Melitta Weiss Adamson. Westport, Connecticut: Greenwood Press, 2004.

**Forages Economics-Quality, ASA Special Publication Number 13** book, edited by C.M. Harrison, papers presented at the 'Forage Economics Symposium' and the 'Forage Quality Evaluation Symposium' by the 'American Society of Agronomy', 'Crop Science Society of America' and 'Soil Science Society of America' in November 1967, published in Wisconsin 1968.

**Forest Gardening: Cultivating an Edible Landscape** book by Robert Hart. White River Junction, Vermont: Chelsea Green Publishing Company, 1991.

**Gaia's Garden: A Guide to Home-Scale Permaculture** book by Toby Hemenway. White River Junction, Vermont: Chelsea Green Publishing Company, 2009.

**Genetic Resources, Chromosome Engineering, and Crop Improvement: Medicinal Plants** book, Volume 6 edited by Ram J. Singh, University of Illinois, Urbana-Champaign, Illinois. Boca Raton, Florida: CRC Press, 2012. ('Chapter 2: Medicinal Plants: Natures Pharmacy' by Ram J. Singh, Ales Lebeda and Arthur O. Tucker.)

**Goat Husbandry** book by David Mackenzie. London, England: Faber and Faber Ltd., 1967.

**Gray's Manual of Botany: A Handbook of the Flowering Plants and Ferns of the Central and Northeastern United States and Adjacent Canada** book by M.L. Fernald. New York: American Book Company, 1950.

**Green Pharmacy: The History and Evolution of Western Herbal Medicine** book by Barbara Griggs. Rochester, Vermont: Healing Arts Press, 1997. (Also called 'New Green Pharmacy: Story of Western Herbal Medicine' by Barbara Griggs. London, England: Vermillion, 1997.)

**Grow Your Own Fruit & Vegetables** book by Lawrence D. Hills. London, England: Faber and Faber Limited: 1971.

**Growing 101 Herbs that Heal: Gardening Techniques, Recipes and Remedies** book by Tammi Hartung, Medical Herbalist. North Adams, Massachusetts: Storey Publishing, 2000.

**Gypsies of Britain: An Introduction to Their History** book by Brian Vesey-Fitzgerald, FLS, FRES, MBOU. London, England; Chapman & Hall, Ltd., 1944.

**Handbook of British Flora** book: A Description of the Flowering Plants and Ferns Indigenous to the British Isles by George Bentham and revised by Joseph D. Hooker. Ashford, England: Reeve Ltd., 1954. (A sixth revised edition was published in 1920.)

**Handbook of the British Flora** book: A Description of the Flowering Plants and Ferns Indigenous to, or Naturalised in, the British Isles by George Bentham. First edition 1858. The second edition in 1863-1865 was illustrated. A seventh edition was printed 1900.

**Handbook of Medicinal Herbs** book, second edition by James A. Duke with Mary Jo Bogenschutz-Godwin, Judi duCellier and Peggy-Ann K. Duke. Boca Raton, Florida: CRC Press, 2002.

**Handbook of Phytochemical Constituents of GRAS Herbs and Other Economic Plants** book by Dr. James A. Duke. Boca Raton, Florida: CRC Press, 2000. (GRAS= Generally Regarded As Safe) This information is also at: Dr. Duke's Phytochemical and Ethnobotanical Databases, <https://phytochem.nal.usda.gov/phytochem/search>.

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**Healing with the Herbs of Life: Hundreds of Herbal Remedies, Therapies, and Preparations** book by Lesley Tierra, L.Ac., Herbalist, A.H.G. New York: Crossing Press / Crown Publishing Group, 2003.

**Herbal Antibiotics: Natural Alternatives for Treating Drug-Resistant Bacteria** book by Stephen Harrod Buhner. North Adams, Massachusetts: Storey Publishing, 2012.

**Herbal Drug Interactions: Professional Reference Guide** book by Robert Rogers, B.Sc., Professional Member of

American Herbalist Guild, with Royal Alexandra Hospital, Capital Health Authority Organization of Alberta, Canada. Guelph, Ontario, Canada: Mediscript Communications Inc., 2016.

**Herbal Drugs and Phytopharmaceuticals: A Handbook for Practice on a Scientific Basis** book edited by Max Wichtl. Boca Raton, Florida: CRC Press, 2004. Symphytum Radix: Comfrey Root, pages 590-592.

**Herbal Handbook for Farm and Stable** book by Juliette de Bairacli Levy. London, England: Faber and Faber, Inc., 1952. First edition that later was called 'The Complete Herbal Handbook for Farm and Stable'.

**Herbal Healing for Woman** book by Rosemary Gladstar. New York: Fireside Publishing, 1993.

**Herbal Medicine: Chaos in the Marketplace** book by Rowena K Richter. New York: Haworth Herbal Press, 2003.

**Herbal Medicine Trends and Tradition: A Comprehensive Sourcebook on the Preparation and Use of Medicinal Plants** book by Charles W. Kane. Tucson, Arizona: Lincoln Town Press, 2009.

**Herbal Medicines: A Guide for Healthcare Professionals** book by C.A. Newall, L.A. Anderson and J.D. Phillipson. London, England: The Pharmaceutical Press, 1996.

**Herbal Medicines** book by Joanne Barnes, Linda A. Anderson and J. David Phillipson. London, England: Pharmaceutical Press, third edition 2007.

**Herbal Preparations and Natural Therapies: Creating and Using a Home Herbal Medicine Chest** book by Debra St.Claire. Colorado: Morningstar Publications, 1994.

**Herbal Renaissance** book by S Foster. Utah: Peregrine Smith Books, 1984.

**Herbalist, No. 44** book, has 10 out of 128 pages "Quaker or Russian Comfrey", 1978.

**Herbs for Pets: The Natural Way to Enhance Your Pet's Life** book by Mary L. Wulff and Greg L. Tilford. Los Angeles, California: i5 Publishing, 2011.

**Herbs for Use and for Delight: An Anthology from the Herbarist** book by Daniel J. Foley, Herb Society of America. Gloucester, Massachusetts: Peter Smith Publisher Inc., 1974.

**Herdsmanship: A Guide for the Herd Owner, Herdsman and Cowman** book by Newman Turner. Austin, Texas: Acres USA, 1952.

**Hildegard von Bingen's Physica: The Complete English Translation of Her Classic Work on Health and Healing** book translated from Latin by Priscilla Throop. Rochester, Vermont: Healing Arts Press, 1998.

**Hildegard's Healing Plants: From Her Medieval Classic Physica** book translated by Bruce W. Hozeski. Massachusetts: Beacon Press, 2001.

**Horticultural Sciences: Aromatic Plants** book, **Volume 7** edited by Professor K.V. Peter. Volume 7 by Baby P. Skaria, P.P. Joy, Samuel Mathew, Gracy Mathew, Ancy Joseph, and Regina Joseph. Aromatic and Medicinal Plants Research Station, Kerala Agricultural University, Kerala, India, 2007.

**How Can I Use Herbs in My Daily Life: Over 500 Herbs, Spices and Edible Plants: An Australian Practical Guide to Growing Culinary and Medicinal Herbs** book by Isabell Shipard. New York, New York: David Stewart Publisher / Simon & Schuster, Inc., 2003.

**How to Grow More Vegetables and Fruits, Nuts, Berries, Grains and Other Crops** book, 6th Edition, by John Jeavons, Ecology Action of Midpeninsula. Berkeley, California: Ten Speed Press, 2002. First published 1974. A Primer on the Life-Giving Sustainable 'Grow Biointensive'® Method of Organic Horticulture.

**Hybrid Flora of the British Isles** book by Clive A. Stace, Christopher D. Preston and David A. Pearman. Hertfordshire, England: Botanical Society of Britain and Ireland: 2015.

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collaboration with 'Botanical Society of the British Isles' now called 'Botanical Society of Britain and Ireland'. London, England: Academic Press, 1975.

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